

## RULES FOR AUTHORS

### Online publication «Modern problems of science and education»

The journal publishes works in the following scientific specialties and related fields of science:

#### MEDICAL SCIENCES

- 3.1.3. Otorhinolaryngology. VAK LIST
- 3.1.4. Obstetrics and Gynecology - the journal is not included in the VAK list
- 3.1.5. Ophthalmology. VAK LIST
- 3.1.6. Oncology, radiation therapy. VAK LIST
- 3.1.7. Dentistry - journal not included in the VAK list
- 3.1.8. Traumatology and orthopedics. VAK LIST
- 3.1.9. Surgery. VAK LIST
- 3.1.10. Neurosurgery. VAK LIST
- 3.1.11. Pediatric surgery. VAK LIST
- 3.1.12. Anesthesiology and resuscitation. VAK LIST
- 3.1.18. Internal Medicine. VAK LIST
- 3.1.19. Endocrinology. VAK LIST
- 3.1.20. Cardiology. VAK LIST
- 3.1.21. Pediatrics. VAK LIST
- 3.1.22. Infectious diseases. VAK LIST
- 3.1.23. Dermatology and venereology. VAK LIST
- 3.1.24. Neurology. VAK LIST
- 3.1.26. Phthisiology. LIST OF VAK
- 3.1.27. Rheumatology. LIST OF VAK
- 3.1.28. Hematology and blood transfusion. LIST OF VAK
- 3.1.29. Pulmonology. VAK LIST
- 3.1.30. Gastroenterology and dietetics—journal not included in the VAK list
- 3.1.32. Nephrology. VAK LIST
- 3.1.33. Rehabilitation medicine, sports medicine, therapeutic physical training, balneology, and physiotherapy. VAK LIST
- 3.3.1. Human anatomy. VAK LIST
- 3.3.2. Pathological anatomy. VAK LIST
- 3.3.3. Pathological physiology. VAK LIST
- 3.3.5. Forensic medicine. VAK LIST
- 3.3.6. Pharmacology, clinical pharmacology. VAK LIST
- 3.3.7. Aviation, space, and maritime medicine. VAK LIST
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- 3.2.3. Public Health, Organization, and Sociology of Health Care - the journal is not included in the VAK list

#### EDUCATIONAL SCIENCES

- 5.8.1. General pedagogy, history of pedagogy and education. VAK LIST.
- 5.8.2. Theory and methods of teaching and education (by field and level of education). VAK LIST.
- 5.8.3. Special education (deaf education and blind education, oligophrenopedagogy and speech therapy) - the journal is not included in the VAK list
- 5.8.4. Physical culture and professional physical training - the journal is not included in the VAK list.
- 5.8.5. Theory and methodology of sport - the journal is not included in the VAK list.
- 5.8.6. Health and adaptive physical education - the journal is not included in the VAK list.
- 5.8.7. Methodology and technology of professional education. VAK LIST

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1. information about the authors;

2. article materials;
3. a scanned copy (or photo) of the cover letter;
4. copy of the payment document

The editorial office has the right to additionally request a scanned copy (or photo) of the expert opinion. Originals are requested by the editorial office if necessary.

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## 1. FORMAT RULES

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- abstract (without undeciphered abbreviations and terms introduced for the first time) in Russian and English (font 10 Times New Roman, bold, spacing - 1. The length of the abstract should be between 150 and 250 words. *The abstract should briefly summarize the introduction (1–2 sentences), the purpose of the article, information about the main research contained therein, briefly indicate the materials and methods, results and their discussion in brief, and the conclusion or conclusions.* The text of the abstract in English should be an accurate translation of the Russian version, not an independently written abstract in English. The translation of the abstract should not contain transliterations from Russian, except for untranslatable proper names, devices, and other objects that have their own names; it should also not contain untranslatable slang known only to Russian-speaking specialists.
- keywords in Russian and English (5–8 words or phrases, but no more than 3). No abbreviations should be used, and there should be no transliterations from Russian, except for untranslatable proper names, devices, and other objects with their own names; untranslatable slang known only to Russian-speaking specialists should also not be used). **An example of how to format an article is provided in Appendix No. 1.**

1.3. The article should be saved in Microsoft Office Word in **.doc or .docx format** in a single file. A4 format, portrait orientation, without dividing the text into columns.

1.4. Main text **formatting**:

- - font - 12 Times New Roman, text aligned to width,
- - spacing - 1.5,
- -paragraph indentation,
- - margins: left, right, top, bottom - 2 cm, similar margins are used when placing *tables, diagrams, figures, and bibliographies* on the page.

1.5. If the genre of the manuscript does not require a different structure, **the IMRaD format** is used: Introduction (including the purpose of the study), Methods, Results, Discussion, Conclusion/Conclusions.

1.6. **The length of the article**, excluding abstracts and the list of references, should be at least 6.5 pages. Short communications of 3–6 pages will not be accepted for publication. The article file should not contain "corrections" and related text formatting created in the "Review" section of MS Word.

1.7. **Tables** should contain only the necessary data and represent summarized and statistically processed materials. Each table should have a title and be inserted into the text after the paragraph with the first reference to it. Tables should be provided in an editable format. References to the sources used to compile the table should be indicated.

1.8. **Figures and formulas**: Figures should be of good quality and suitable for printing. Each figure should have a caption (below the figure) explaining all its elements. References to sources should be provided. Figures can be submitted in the following formats: .tif, .bmp, .jpeg, .wmf, .cdr; diagrams and graphs in the following formats: .xls, .xlsx (Microsoft Excel formats).

1.9. **Formulas** should be typed using a formula editor.

1.10. **Bibliographic references** in the text of the article should be given in square brackets. If the reference is to a specific fragment of the text of a document or book, the reference should indicate the serial number and pages of the cited source, with the information separated by commas, for example [10, pp. 81-85]. A single reference should be made to no more than three sources (e.g., [1,2,3]) per sentence. Regulatory and legal documents, data sources (statistics, etc.) may be indicated by references not in the main list of references, but by footnotes in the text of the article. All other sources are listed in the Bibliography after the main text of the article.

1.11. **Footnotes**. If necessary, footnotes with consecutive numbering (Arabic numerals) are used throughout the document. Footnotes may contain quotations from works mentioned in the text and additional information.

1.12. **The bibliography** for an original article should contain at least 15 sources. For a scientific review, as a rule, no more than 50 sources should be used. The cited literature is given in a general list at the end of the article **in the order in which the sources are mentioned** in the text of the article and is formatted in accordance with the samples provided in **Appendix No. 2**. The editorial board recommends that the list of references used in an original scientific article should not consist of the author's own works (self-citation) for more than 30%. At least 70% of the list of references should consist of works published in the last 10 years. The list of references does not include sources that cannot be verified, materials from local

conferences, Internet sources not related to scientific publications, methodological recommendations, teaching aids, etc. At the end of the bibliographic reference to the source, a link to the work posted on the Internet, i.e., the original source, should be provided, or a link to scientific electronic libraries may be provided if the journal does not have a website. If available, DOI/EDN digital identifiers should be provided. For books, the ISBN should be provided. The list of references is compiled anew for each manuscript and reflects only the sources actually used in the preparation of the work. Complete or substantial copying of the bibliography from previously published materials by the authors (including articles, preprints, dissertations) is not permitted: the list must be updated according to the research topic and correspond to the actual references in the text. Repetitions of the same work, duplicates of the same reference in different formats, and artificial expansion of the list (including unjustified self-citation) are considered violations and may result in the manuscript being returned for revision or refusal to publish.

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Concept development	Formulation of the idea; formulation of research goals and tasks
Working with data	Annotation (creation of metadata), accumulating research data for initial use and for subsequent reuse
Data analysis	Application of statistical, mathematical, or other formal methods for analyzing or synthesizing research data
Fundraising	Obtaining financial support for a project that led to the writing of a publication manuscript
Conducting research	Conducting the research process, in particular, conducting experiments or collecting data/evidence
Research methodology	Developing or designing research methodology; creating a model
Administrative management of a research project	Responsibility for managing and coordinating the planning and implementation of research activities
Provision of resources	Providing access to materials, reagents, substances, laboratory samples and animals, equipment, computing resources, other analytical tools necessary for the research, as well as ensuring patient participation in the research
Software development	Programming, development, and design of software; writing program code and implementation of supporting algorithms; testing existing code components
Scientific supervision	Supervision and guidance of the planning and execution of research activities, including mentoring
Validation of results	Verification of the reproducibility of experimental and research results within the framework of primary or secondary research tasks
Visualization of results	Creating and preparing a manuscript: visualizing research results and data obtained
Writing a draft manuscript	Preparing and creating a draft manuscript: writing the initial text of the manuscript, including its translation into a foreign language
Writing the manuscript—reviewing and editing	Preparation and creation of the manuscript: critical analysis of the draft manuscript, comments and corrections by members of the research group, including at stages before or after publication

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**An example of article formatting is provided in Appendix No. 1.**

## 2. COVER LETTER

The cover letter is provided by the authors of the article and **must contain information about all authors of the article and be signed by all authors.**

The letter can be submitted to the editorial office in two formats:

- a scanned copy of the cover letter signed by all authors;
- or a scanned copy of the signed letter from each author of the article (a photo is acceptable).

**The cover letter must (!) contain the following text:**

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## **APPENDIX 1**

### **ARTICLE FORMATTING TEMPLATE**

**UDC 615.035.4:616.12-008.313.2 is formed according to the content of the article**

#### **CHARACTERISTICS OF THE WARFARIN DOSAGE TITRATION PERIOD IN PATIENTS WITH ATRIAL FIBRILLATION**

\* type of publication (type of article)

<sup>1</sup> Ivanov Yu. G., <sup>1</sup> Petrov E. L., <sup>2</sup> Sidorov E. V. ORCID ID of authors

<sup>1</sup> Federal State Budgetary Educational Institution of Higher Education "Saratov State Medical University named after V. I. Razumovsky of the Ministry of Health of Russia", Saratov, Russian Federation

<sup>2</sup> Federal State Budgetary Educational Institution of Higher Education "Kazan State Medical University" of the Ministry of Health of Russia, Kazan, Russian Federation  
*e-mail: corresponding author\**

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The abstract should be 150-250 words long.

The structure of the abstract should mirror the structure of the article, with an introduction of 1–2 sentences (describing the research problem without references). The following must be included: the purpose, a brief section on "materials and research methods," data from the section "results and their discussion" without numerical data, namely: what was determined/obtained/compared and why. The "Conclusion" section: a brief summary reflecting what is important in the research conducted. Abbreviations are not allowed.

**Keywords:** patient, warfarin, dose, drugs, atrial fibrillation, arrhythmia, international normalized ratio.

**Acknowledgements:**

## **CHARACTERISTICS OF THE PERIOD OF TITRATION OF THE DOSE OF WARFARIN IN PATIENTS WITH FIBRILLATION OF PRECURITIES**

**<sup>1</sup> Ivanov Yu. G., <sup>1</sup> Petrov E. L., <sup>2</sup> Sidorov E. V.** ORCID ID of authors

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**\* Additional information to be provided when submitting an article by e-mail: academic degree, academic title, position, e-mail of ALL authors in Russian and English, authors' contributions**

Abstract (150-250 words)

The structure of the abstract should repeat the structure of the article, the introduction 1-2 sentences (as a designation of the research problem without references), the purpose must be indicated, the section "materials and methods of research" is short, data from the section "results and their discussion" is given without numerical data, namely: what and why was determined / obtained / compared. Section "Conclusion": a short summary reflecting what is important in the conducted research.

The volume of the abstract is 150-250 words.

**Keywords:** patient, warfarin, dose, medications, atrial fibrillation, arrhythmia, international normalized ratio.

**Acknowledgements:**

**Introduction** [Text]

**Research objective** [Text]

**Materials and methods** [Text]

**Research results and discussion** [Text]

Table 1

Title before table data

Below the table: Note: compiled by the authors based on data obtained during the study / compiled by the authors based on source(s) [X]

Fig. 1. Title - below the figure. Note: compiled by the authors based on the results of this study / compiled by the authors based on source(s) [X]

**Conclusions** [Text] - this section may be omitted; no references are given in this section.

**Conclusion** [Text] - no references are provided in this section.

**References**

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15....

**Conflict of interest**

**Conflict of interest**

**Financing**

**Financing**

**\*Contribution of each author (clause 1.13)**

**\* Additional information to be provided when submitting an article by email: academic degree, academic title, position, e-mail addresses of ALL authors in Russian and English, authors' contributions**

**Recommendations for the abstract and text of the article, publication type "Scientific review":**

The structure of the abstract should mirror the structure of the article: introduction 1-2 sentences (description of the research problem), indicating: the purpose, the section "Materials and research methods," which **indicates which databases were used, the time period of the search, how many sources were analyzed, and how many were included in the list of references during the analysis**, as well as data from the section "Results and their discussion," namely: what was obtained/compared. Section "Conclusion": a brief summary.

**Recommendations for the text of the article: the structure of the article consists of the same sections as the abstract, starting with the "Introduction" section, followed by the objective, the "Materials and Methods" section, where in the methodological part (see abstract) it is also necessary to refer to the modern principles of preparing modern reviews in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) protocol with a reference to the source.**

## SAMPLES OF REFERENCE FORMATS FOR THE REFERENCE LIST

## Articles from journals

**Author(s)** (all authors should be listed). **Article title:** information related to the title // **Journal title.** **Year of publication.** **Issue number.** **Pages.** **Reference to the original source - the journal's website where the article is posted, or a reference to an electronic scientific library may be provided if the journal does not have a website.** **DOI if available, or EDN if available.**

Sachkov A. B., Borovkova N. V., Zhirkova E. A., Mironov A. S., Borisov V. S., Spiridonova T. G., Ponomarev I. N., Svishev A. V. The use of cadaver skin in wound treatment // *Transplantology*. 2018. Vol. 10(4). Pp. 327-335. <https://www.jtransplantologiya.ru/jour/article/view/407> DOI: 10.23873/2074-0506-2018-10-4-327-335. EDN: MIHNNB

## Articles from online journals

**Author(s)** (list all authors). **Article title:** information related to the title // **Journal title.** **Year of publication.** **Issue number.** **Link to the original source - the journal's website where the article is posted.** **DOI if available or EDN if available.**

Kukhlov V. V., Kukhlova D. O., Mordyk A. V., Sitnikova S. V. Long-term prognosis of tuberculosis and factors determining it in tuberculosis patients who have had COVID-19 // *Modern problems of science and education*. 2025. No. 1. ; URL: <https://science-education.ru/ru/article/view?id=33894> (accessed: hh:mm:yyyy). DOI: <https://doi.org/10.17513/spno.33894> EDN: OCUEOV

## Description of English-language journals, collections

Schlottmann F., Strauß S., Ziesing S., Reineke C., Ipaktchi R., Weyand B., Krezdorn N., Vogt P. M., Bucan V. Organization of Hannover Skin Bank: Sterile culture and procurement protocols for viable cryopreserved allogeneic skin grafts of living donors // *Int. Wound J.* 2024. Vol. 21. Is 1. P. e14374. DOI: 10.1111/iwj.14374.

Pianigiani E., Ierardi F., Cuciti C., Brignali S., Oggioni M., Fimiani M. Processing efficacy in relation to microbial contamination of skin allografts from 723 donors // *Burns*. 2010. Vol. 36. Is. 3. P. 347-351. DOI: 10.1016/j.burns.2009.04.020.

Or

**Vancouver**

Cockrell AS, Leist SR, Douglas MG, Baric RS. Modeling pathogenesis of emergent and pre-emergent human coronaviruses in mice. *Mammalian Genome*. 2020; 29(7/8):367–383.  
<http://idp.nwipa.ru:2230/login.aspx?direct=true&db=aph&AN=131619893&site=ehost-live> DOI

**Abstract of the dissertation and dissertation**

**Author.** **Title:** information related to the title (see title page): **code of the nomenclature of scientific specialties:** **date of defense:** **date of approval / information about responsibility (team).** **Place of writing.** **Year.** **Volume.** **Reference**

Sibikeev S. N. Foreign genes in the selection of spring soft wheat for resistance to leaf rust: dissertation ... Doctor of Biological Sciences. Saratov, 2002. 200 p. Reference

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Byvchev V. A. Modeling the adaptation of the national economy to Western sanctions. Moscow: Prometheus, 2023. 104 p. **ISBN specify**

Philosophical Dictionary / ed. by I. T. Frolov. Moscow: Respublika, 2001. 719 p. **ISBN specify**

### Author's certificates, patents

Patent No. 2638963 Russian Federation, IPC C08L 95/00 (2006.01), C04B 26/26 (2006.01). Concentrated polymer bitumen binder for "dry" application and method for its production: No. 2017101011: filed 12.01.2017: published 19.12.2017 / Belkin S. G., Dyachenko A. U. // Patent.inform.ru: electronic reference book of Russian patents. 2 n., 2 z.p. f-ly: 2 tables. URL: <https://patentinform.ru/inventions/reg-2638963.html> (accessed: 10.10.2020).

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